

I AM SUCCESS

By Natalie Bradley, MS, CRC

I am pleased with my work.

I am brave and strong.

I am focused and concentrated.

I am like light from the sun, warming and energizing me.

I radiate warmth and light.

I am a good thinker.

I am intuitive.

I am expressive of my knowledge.

I am safe and secure.

I am filled with peace and calm.

I am confident in myself.

I am courageous and brave.

I am content.

I am filled with positive energy.

I am thinking clearly.

I am relaxed and alert.

I am patient with myself.

I trust myself.

I am doing my best, and my best is good enough.

I am worthy of goodness.

I am accepting of the outcome.

I am expanding my knowledge every day.