

SAVE THE DATE — West Valley College
Trauma Informed Care for Disability Service Providers Training
Monday, December 10, 2018 From 9am - 4pm

Karyn Harvey, PhD

“Assistant Executive Director of Quality Supports at The Arc of Baltimore. Karyn Harvey oversees The Arc’s Psychological Services and Nursing Departments. She has worked as a clinician in the IDD field for over 30 years. She has published articles about therapeutic interventions with individuals with IDD, workbooks for individuals with IDD, and two books. She also consults with various state and individual agencies as well as trains staff, administrators, and clinicians on trauma-informed care throughout the country.” <http://www.karynharvey.com>

Training:

Her trainings focus on how to work with AWD from a Trauma Informed Perspective, which entails understanding the source and effects of trauma, how to facilitate recovery and healing, and methods of dealing with secondary or vicarious trauma for the service provider.

Examples of some of topics she covers are:

1. Trauma Informed Behavioral Interventions:
 - Social, emotional, and biological causes & effects of traumas in the lives of individuals with ID are explored.
 - Humanistic & effective intervention techniques are taught in a hand-on manner.

2. Positive Identity Development:
 - The approach of developing Positive Identity with an individual with ID is introduced along with a series of workbooks (Psychological Needs Survey , Happiness Assessment , Change Inventory , Behavior Planning Template), which can be used to enhance the quality of the individual's life.

3. Understanding Secondary or Vicarious Trauma Experience by Service Providers:
 - Methods and techniques for dealing with & healing from this type of trauma Karyn takes a programmatic view to her trainings, which she believes helps create fundamental change in the individual service provider, the institution they work for, and the care that they give to their clients.

Johanna Hembry
West Valley College
Administrative Assistant
Basic Skills & Adult Education